



Practical tips for a safe and memorable countryside experience.

A visit to the countryside is one of life's greatest pleasures, with recognized benefits for health and well being. Some people visit for recreation, some plan specifically for animal contact, such as open farms, country or farm parks, whilst for others the countryside is their place of work or livelihood. When visiting the countryside, we need to make sure that we follow guidance.

Best practices

Cover your skin and use an approved insect repellent. Remember that some animals, particularly cows with calves and also horses, can react aggressively towards people. If you are in a field of farm animals, keep a safe distance and watch them carefully. Always wash your hands thoroughly with soap and water after handling the animals and items that come into contact with them.

WASH YOUR HANDS:

After leaving areas where animals live, even if you did not touch an animal.

Before eating and drinking.

Before preparing food or drinks.

After removing soiled clothes or shoes.

Running water and soap are best for hand washing, but you can use hand sanitizer until running water and soap are available. Adults should supervise hand washing for young children.

Visits to the countryside can never be considered free from all risk. However, implementing effective control measures will help ensure that the risk of infection from contact with animals is low.

Never leave food, drinks and unclean dishes uncovered or unattended.

Open Fires or Braai Stands can damage our countryside and harm wildlife. They can leave long-lasting scars on the ground and cause serious wildfires.

LEAVE NO TRACE

If you do light a braai, please extinguish it completely before leaving.

"Enjoy your braai responsibly"

It's a pleasure to have you as our guest. Wishing you a memorable stay.

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